

17 Maarso 2022

**Macluumaadka muhiimka ah ee isticmaalayaasha insuulinka:
Beddel magdhabida dhowr insuulinka ah iyaddoo ka bilaabmaysa 19 Sebtembar
2022**

Waxaanu beddeli doonaa kaabida dhowr insuulinta ah iyadoo ka bilaabmaysa 19 Sebtembar 2022.

Bogga dambe, waxaad arki kartaa haddii tani ay saamayso dawooyinkaaga. Haddii insuulintaada aan lagu sheegin bogga dambe, waxba maaha inaad qabtid.

Haddii insuulintaada ay ku jirto liiska jaalaha ah, waxaad heli doontaa magdhowga insuulintaada haddi dhakhtarkaagu ogaado inaad buuxisay qaybo shuruudaha gaarka ah (jumladaha). Caadi ahaan waxaad u qalantaa tan haddii aad hadda ka hor si wanaagsan lagu daweyay.

Haddii insuulintaada ay ku jirto liiska cad, in dheeraad ah uma qalmaysid magdhowga otomatiga ah, laakiin, xaaladaha gaarka ah, dhakhtarkaaga guud waxa uu codsan karaa magdhowga isagoo ku metelaya.

La tasho Dhakhtarkaaga

Haddii insuulintaada ay ku qoran tahay bogga dambe waa inaad kala tashataa dhakhtarkaaga wax ku saabsan daawayntaada mustaqbalka markaas weli waxaad heli kartaa magdhowga insuulintaada ka dib 19 Sebtembar 2022. Tusaale ahaan, waxaad tan samayn kartaa booqashadaada maamulka la qorsheeyay ee xigta ama wakhtiga xiga ee aad u baahan tahay inaad dib u cusboonaysiiso dawo qoridaada. Dhakhtarkaaga sidoo kale waxaa loo sheegay wax ku saabsan isbeddeladan.

Sababteed u beddelaynaa magdhabidan?

Waxaanu beddelaynaa magdhabida sababtoo ah qayb insuulinka waa inay isticmaalaan qaar bukaanka ah ama sababtoo ah hal insuulinta ah waxay aad uga qaalisan tahay midka kale, taas oo aad waxtar u leh.

Wax badan inaad ogaato ma rabtaa?

Websaydkayaga, waxaad ka akhriyi kartaa wax badan oo ku saabsna isbeddelada iyo xaalada magdhabida: www.laegemiddelstyrelsen.dk/en/reimbursement-changes-insulins.

Waxaad sidoo kale kas oo geli kartaa macluumaadka addoo isticmaalaya lambarka QR hoose.



Kii daacada kuu ahaa
Wakaalada Dawooyinka Dheeniska

Fiiro! Haddii insuulinta lagugu dawaynayo ku jirta liisaska hoose, waxaad u baahan tahay kla tashato dhakhtarkaaga wax ku saabsan Dhakhtarkaaga waxa ku saabsan daawayntaada Mustaqbalka ka hor 19 Septambar 2022,

Haddii aad isticmaasho mid ka mid ah insuulinta too socota, Dhakhtarkaaga waxa uu qiimayn doonaa ay ku daboosho jumlada la xidhiidha (liiska jaallaja ah).

Magaca	Waxaa ku dabaloolaysaa jumlada haddii:
Insulatard Penfill, cylinderampul	Cudurkaaga sonkorta hadda ka hor si wanaagsan ayaa loogu daweeyay insuulinkan.
Insuman Basal, cylinderampul	
Insuman Basal, flerdosispen	
Humulin NPH KwikPen, fyltd pen	
Insulatard FlexPen, fyltd pen	
Insulatard InnoLet, fyltd pen	
Humulin NPH, hætteglas	
Insulatard, hætteglas	
Fiasp Penfill, cylinderampul	Gulukoosta dhiigaaga sare ayay aad ugu kacdaa isla markaaba cuntadda ka dib ka sakow ku daawaynta insuulint akale ee degdega wax u tarta.
Fiasp PumpCart, cylinderampul	
Fiasp FlexTouch, fyltd pen	
Fiasp, hætteglas	
Tresiba 100 Penfill, cylinderampul	Cudurkaaga sonkorta hadda ka hor si wanaagsan ayaa loogu daweeyay insuulinkan.
Tresiba 100 Flextouch, fyltd pen	
Tresiba 200 Flextouch, fyltd pen	
Toujeo DoubleStar, fyltd pen	
Toujeo SoloStar, fyltd pen	
Levemir, fyltd pen og cylinderampul	Cudurkaaga sonkorta hadda ka hor si wanaagsan ayaa loogu daweeyay insuulinkan.
	Cudurkaaga sonkortu waxa uu la xidhiidha uurka.

Haddii aad isticmaasho hal ama wax badan oo ku saabsan insuulinta soo socota, waa inaad guud ahaan u beddeshaa mid kale oo insuulin waxtar leh ah si aad ugu qalanto magdhowga (liiska cas) mustaqbalka

Magaca	Magaca
Abasaglar KwikPen, fyltd pen	Humalog Mix25/ Mix50 100 E/ml Pen
Actrapid Penfill, cylinderampul	Humalog Pen
Apidra, hætteglas og cylinderampul	Humalog-Humaject Pen
Apidra SoloStar, fyltd pen	Insuman Rapid, cylinderampul
Humalog, hætteglas og cylinderampul	Insuman Rapid, flerdosispen
Humalog KwikPen	Insuman Rapid SoloStar, fyltd pen
Humalog Mix25 KwikPen	Suliqua, fyltd pen