**Date:** Aug X, 2017

**To**: ReWalk Personal System Owners and Companions

**Subject**: Reminder on thigh strap position and tightness, sit to stand technique and responding to graceful collapse

**Relevant systems**: ReWalk Personal 6.0 and Personal 5.0 with FKB (Front Knee Bracket).

Dear ReWalker and Companion,

In the interest of promoting continued safety we would like to highlight the importance of the below guidelines:

* Sit to Stand Transition - Special attention should be given during the transfer from Sit-to-Stand - to ensure that the system’s pelvic band rises in alignment with the User’s hips.

Please pay attention to the following guidelines:

* + Thigh Straps – Thigh straps must be tightened appropriately upon donning system. Remember to also tighten them before each Sit-to-Stand transfer, as straps may loosen with use. The upper thigh straps should also be as close to the groin/hip crease as possible to ensure maximum support.
  + Actively participate in this transfer, by maintaining steady pressure on the crutches to unweight the hips throughout the entire transfer.
  + Ensure a correct positioning of the crutches is used before and during the Sit to stand transition. Crutch tips should be positioned behind the hip joint and must be loaded during the sit to stand transfer.
  + If the user needs assistance during the Sit to stand transition – assist by holding one hand on the pelvic band and another on the user’s ischial tuberosity, ensuring the user’s body is raised with the system and doesn’t slip down.
  + Make sure that the user is sitting in a proper position before starting the Sit to stand transition - The feet must touch the ground and should be aligned with the floor.
  + Make sure that the Front Knee Brackets are correctly fitted and are both aligned.
  + Pay attention to the knee before the Sit to stand transition – the knee should be aligned with the system and not protruding out of the system.
  + Do not perform more than two repetitive Sit-to-Stand transitions.
* Handling Graceful Collapse – The User and Companion should be prepared to respond if a Graceful Collapse occurs. Once the Graceful Collapse is completed - exit the system.

For questions please contact your training center.

Sincerely,

To be completed before sending

Referenced documents:

* Graceful collapse:
  + Refer to section 7.3. *GRACEFUL COLLAPSE* in the User Guide for more details.
  + Refer to section 8.4. *THE COMPANION'S ROLE DURING A GRACEFUL COLLAPSE* in the User Guide for more details.
* Sit to Stand: Refer to section 6.2. *STANDING UP* in the User Guide for more details.
* Strapping:
  + Refer to training manual *DOC0621\_01 Rev 01 r&P50 BasicClinicalTrainingCertCourse*, p.65 or *DOC0621\_06 Rev 03 P6.0* *BasicClinicalTrainingCertCourse*, p. 75.
  + Refer to section 5.2.4. THIGH STRAP in the User Guide.